

## **Sixteenth Ave. PS - Summer Institute Electives**

**\*\*Available to youth entering Grades 4-8 only.**

### **Artzcool**

You don't have to be an artist to be cool! If you like using your creativity, this is the place for you! Painting, drawing, colouring, collage making, crafts, and so much more! The sky is the limit because we try it all!

### **Clay Play**

Using clay and your creativity to make something from nothing, you will create your own item from scratch with raw clay. After you have created an original piece of art, you will use acrylic paint to enhance your design.

### **Connect and Create**

Interested in learning about circuits and what makes them work? Join us for a fun, hands on exploration and learning about circuits, electricity and simulator tools. Students will work in groups and through self-directed learning to explore and create activities and objects with circuits.

### **Cycling**

Interested in learning how to maintain a bike? Want to know the rules for the road? Then come biking with us through the community; we'll lead the way! This elective is not recommended for beginner bikers.

### **Dance Fit**

Participants will enjoy a week full of the latest music while combining forms of dance, Zumba, and other movement styles to energize and motivate for an active lifestyle.

### **Game On**

In Game On, you will learn a new "high energy" game every day that you can play with your family and friends. Some of the games will range from "Capture the Flag", "Spud", "Frozen Critters" to various forms of dodgeball. Participants will also have an opportunity to create their own games.

### **International Language - Farsi**

Provides any child with the opportunity to immerse themselves in an international language. Participants who register for this elective will learn about the language and culture through different mediums such as; art, music, and literature, while also learning to listen, speak, read and write in the international language.

### **Net Sports**

Looking for fast-paced excitement? Learn the fundamentals of a variety of net games like badminton, tennis, table tennis and volleyball and apply them to game situations.

## **Ready, Set, Cook**

Continues to offer the basics of food preparation and cooking. Participants will eat their daily creations and take home a recipe book at the end of each session.

## **Ready, Set, Robotics**

Participants will be introduced to a variety of different robotics. Come and explore the latest robotics and get ready to program and work through this self-directed program at your own pace.

## **Sew Crafty**

Create cool crafts and hot trends in Sew Crafty! A hand sewing program that will teach you hand stitching and embroidery. Create one-of-a-kind pieces that will catch everyone's attention.

## **Summer Olympics**

If you have an interest in exploring sports from around the world and want to train for the SI Summer Olympics, this is the perfect program for you. Participants will learn different sports and games from around the world and partake in a number of team building challenges. At the end of each week, you will participate in the Summer Institute Olympics with your team and co-competitors!

## **Tech Fanatics!**

Come join us to explore the world of technology where we will checkout coding, robotics, and circuitry. Create something out of nothing.

## **Visual Arts**

Bring your artistic side to life! Experience working with various materials and mediums. Project choices are only limited by your imagination.

## **Wacky Science World**

Get ready to enjoy a week jam-packed with discovery and exploration through themed, hands on activities in the wonderful world of science. Developed for budding scientists, participants will learn new and exciting concepts that will excite the scientist at heart.

## **Yoga**

Try this non-competitive physical exercise to build your stamina, concentration and muscle power! You will learn poses and postures to strengthen your muscles and mind while controlling your breathing and movements. No special equipment required, just you!